



PARAMOUNT UNIFIED SCHOOL DISTRICT

GREAT THINGS ARE HAPPENING IN PARAMOUNT SCHOOLS



Board of Education Meeting December 11, 2017

Dr. Ruth Pérez, Superintendent
Deborah Stark, Ed.D., Assistant Superintendent, Educational Services
Kelly Morales, Facilitator of Instructional Improvement
Maggie Flores, K-12 Science Curriculum Specialist



Purpose of Presentation

- Review information on health requirements provided in spring, 2017
- Provide an update on the plan for implementing new sexual health curriculum that aligns to the California Healthy Youth Act, AB 329 in grade 7.
- Outline the plan to provide growth and development lessons in grade 5.



What is the California Healthy Youth Act?

This legislation, passed in 2016, requires that school districts offer a comprehensive sexual health educational program to all students in grades 7-12, once in middle school and once in high school that addresses:

- Human development, pregnancy, contraception and sexually transmitted infections.
- HIV/AIDS prevention.
- *Sexual orientation, gender identity, healthy relationships and behaviors, and sexual harassment, sexual assault, sex trafficking.*



PARAMOUNT UNIFIED SCHOOL DISTRICT
PREPARING STUDENTS FOR COLLEGE AND CAREERS

Grade 7 Health





Grade 7 Health Committee

Purpose	Curriculum	Representatives
<p>In Spring 2017, a committee of middle school science teachers met to learn about the new legislation and review and recommend updated supplemental health materials that align to the new requirements.</p>	<p>The Committee recommended the program <i>TeenTalk</i> and the program was Board approved in April 2017.</p> <p>This program was selected because it fully addresses pregnancy and HIV/AIDS requirements and presents unbiased views of sexuality and healthy relationships.</p>	<p>Edie Cabral, Science teacher, Zamboni</p> <p>Christina Wolf, Science teacher, Alondra</p> <p>Christine Bakkers, Science teacher, Hollydale</p> <p>Sheena Young, Science teacher, Jackson</p> <p>Iris Lee, Science teacher, Paramount Park</p> <p>April O'Connor, TAP representative</p> <p>Joni Knapp, District Nurse</p> <p>Maggie Flores, Science Curriculum Specialist</p>



Parent Communication

- In May, parents of 7th grade students will receive a notification letter informing them that students will receive sexual health instruction and that parents will have the opportunity to review instructional materials at an informational session provided by all middle schools.
- A parent or guardian of a student has the right to excuse his or her child from all or part of the comprehensive sexual health education and HIV education.
- Parents who do not wish their child to participate in this instruction can opt out by notifying the school in writing.



PARAMOUNT UNIFIED SCHOOL DISTRICT
PREPARING STUDENTS FOR COLLEGE AND CAREERS

Grade 5 Growth and Development





Why is there a need to provide health education earlier?

- Currently, health education in PUSD begins in middle school (7th grade).
- Research shows that puberty takes place at an increasingly earlier age; there is a need to provide basic information about human growth, reproduction, and development beginning in fifth grade.



Grade 5 Growth and Development Committee

- A committee will review and recommend lessons that address human growth and development to be implemented in Spring 2017-18.
- Committee participants include: a District nurse, teachers from K-5 schools, and a TAP representative
- All 5th grade teachers will receive professional development to understand how to use the instructional materials appropriately.



Parent Communication

- In March, parents of 5th grade students will receive a notification letter informing them that students will receive instruction in growth and development. They will also be informed that schools will host informational sessions to provide parents an opportunity to review instructional materials.
- A parent or guardian of a student has the right to excuse his or her child from receiving this instruction. Parents who do not wish their child to participate in this instruction can opt out by notifying the school in writing.



2017-18 Implementation Timeline

Grade 7

April, 2018

- Provide professional development in *Teen Talk* for 7th grade science teachers.
- Provide parent informational materials for schools.
- Distribute parent notification letter and invitation to informational meeting at schools.

May-June 2018

- Teach lessons using new materials
- Survey teachers and principals for feedback on implementation.



2017-18 Implementation Timeline

Grade 5

December, 2017

- Committee of 5th grade teachers reviews and recommends materials for human growth and development lessons.

February, 2018

- Professional development for all 5th grade teachers
- Provide schools with parent informational materials

March, 2018

- Distribute parent notification letter and invitation to informational meeting

April-June, 2018

- Teach lessons using new materials
- Conduct a feedback survey with all 5th grade teachers and principals



PARAMOUNT UNIFIED SCHOOL DISTRICT

PREPARING STUDENTS FOR COLLEGE AND CAREERS

As they grow up, young people face important decisions about relationships, sexuality, and sexual behavior. The decisions they make can impact their health and well-being for the rest of their lives. Young people have the right to lead healthy lives and society has the responsibility to prepare youth by providing them with comprehensive sexual health education that gives them the tools they need to make healthy decisions.

---Report published by the *Future of Sex Education*

